

### **\*\*Need your Ratings Code Sheet?\*\***

A Rating Code Sheet will list all current ratings, the percentage, dates of each percentage and if there is a Routine Future Exam (RFE).

These are located in your Claims Folder (C-File) and your accredited advocate (VSO, Claims Agent or Attorney) can get them for you.

Or, you can request a copy by calling 1-800-827-1000 or requesting on Ask VA here:

<https://ask.va.gov/>

You won't be able to get your entire C-File by doing this but you can get the latest Ratings Code Sheet.

If you want your entire C-File you will need to request a free copy by sending in a VBA Form 20-10206 in to the VA at Janesville. This is called a Privacy Act Request (Not FOIA which would cost you per page).

Note: If you have never filed a claim, you don't have a C-File yet. If you are in appeal, the C-File may be locked out and unavailable until your appeal is complete.

### **35 Disability Charts**

These guides are for educational purpose and may change with current VA rules.  
Updated rating found here

<https://www.govinfo.gov/link/cfr/38/4?link-type=pdf&volume=1&year=mostrecent>

531 pages for your viewing