

## TO ALL MEMBERS RECEIVING SOCIAL SECURITY INCOME!

The following information is provided by District Commander as 7 May 2020:

If you have an overseas address on file with the Social Security Administration each year they send you a Form SSA-7162 to validate your existence. This year thanks to the COVID-19 pandemic all international mail service was suspended in March. Knowing the reliability of the Thai postal system and not wanting my SS benefits to stop I contacted the SS Office in Manila to see if they have implemented an alternative method of submitting the Form SSA-7162 this year.

I received the following reply:

Thank you for contacting the Social Security Administration's Federal Benefits Unit at the U.S. Embassy in Manila.

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Good day. You may complete the attached Form SSA-7162, Scan and email this to our office in pdf format.

[Social Security Administration – Federal Benefits Unit](#)

**Address:** 1201 Roxas Boulevard, Ermita 0930 Manila, Philippines

**Inquiry Line:** (+63 2) 5301-2000, Option 9

**Telephone Hours:** Tuesdays and Thursdays - 8:00 AM to 11:00 AM (Manila Time), except [U.S. and Philippine Holidays](#)

**Public Hours:** Monday through Friday - 8:00 AM to 12:00 PM, except [U.S. and Philippine Holidays](#) and the first Wednesday of every month.\*

\*NOTE: electronic devices (e.g., cell phones, laptops, etc.) are not allowed inside the U.S. Embassy.

Return the completed form to the following address [FBU.Manila@ssa.gov](mailto:FBU.Manila@ssa.gov)

I would also make a comment in the remarks block similar to this; *Date, Submitted to FBU, Manila because of current state of emergency*

Form SSA-7162 attached